

Date: February 9, 2008

From: Scott Gaustad, Secretary, Health and Wellness SIG

To: Dr Linda Eargle

**SUBJ: HEALTH PROMOTION AND WELLNESS SPECIAL INTEREST GROUP
BUSINESS MEETING MINUTES**

The Geriatric Section Health Promotion and Wellness Special Interest Group held its 2008 Business Meeting at the Combined Sections Meeting in Nashville, Tennessee. The business meeting started at 7:00 a.m. and was well attended. An attendee sign-up sheet was distributed for individuals to sign-in and provide updated information on as necessary.

I. Welcome and Introduction

Dr Linda Eargle opened the meeting by welcoming everyone and asked members and guests to introduce themselves. Dr Eargle reported that Priscilla Raasch-Mason, HPW Chair was unable to attend and that she extended her condolences for not being able to attend.

II. Approval of 2007 Minutes

Dr Eargle distributed the 2007 HPW SIG Annual Business Meeting Minutes from the CSM in Boston, Massachusetts, February 17, 2007. After a review of the Minutes, a motion was made by Dr Eargle to approve the meeting minutes as written. There were no recommended changes and the motion was seconded and the Minutes were approved.

III. Officers Report

A. Chair (Dr Linda Eargle for Priscilla Raasch-Mason)

1. Dr Eargle reported that a HPW SIG suggested Wellness Definition will not be allowed to be used because the APTA has a wellness definition. The APTA decision was that there cannot be several definitions of wellness by the same organizations. The APTA's Board definition supersedes the HPW SIG of the SOG.

APTA's Definition of Wellness: A multidimensional state of being describing the existence of positive health in an individual as exemplified by quality of life and sense of well being. (Adopted by the Board of Directors in 2005)

2. The SOG Board voted to take the HPW definition to the HOD. Mr Greg Hartley and Ms Kathy Brewer will be working on this process.
3. Thank you to Ms Lori Schrodts and Dr Linda Eargle, WCU students, Ms Kathy Brewer and SIG officers for the power point presentation and brochure that members may use.

4. Ms Jennifer Fabre was appointed the position of Vice Chair and has completed her term. Dr. Eargle recognized Ms. Fabre's willingness to serve the SIG.

IV. Business

A. A call for nominations to fill the HPW SIG Nominating Committee Chair, Vice-Chair and Secretary.

1. Dr Donna Bainbridge was nominated as the Nominating Committee Chair
2. Dr Veronica Southard was nominated for the HPW SIG Vice-Chair position and
3. Mr Scott Gaustad was nominated for the Secretary Position.
4. The three nominees were unopposed and unanimously elected by vote of acclamation.
5. The HPW SIG Chair position held by Priscilla Raasch-Mason will expire February 2009. Members who are interested are invited to contact one of the officers or nominating committee.
6. Nominating Committee: Mr David Morris and Ms Lori Schrodt terms will expire February 2009.

B. CSM Programming

1. Member and guests were referred to the 2008 CSM program for specific Geriatric and HPW meetings and topics of interest.

C. New Business

1. Goals for 2007-2008

a. HPW SIG has been charged by the SOG Board to develop

CONSUMER FACT SHEETS that PT/PTAs may download for clients.

* Discussion: HPW members felt that every hospital, outpatient center, multiple web sites, and APTA had several fact sheets about PT and old adults in specific areas. Would we be repeating information that is out there?

b. Establish the following Committees

* Practice: Health Promotion and Wellness: This was not met, need a volunteer. No one volunteered

* Public Relations Committee: Items in Gerinotes, SOG Journal, keep SIG/SOG members informed of HPW events nationally, state or locally. What do our members or what can our members participate in, sharing of ideas. This was not met, need a volunteer

* Education and Research: Keep members up to date on new articles, ideas, assist other SIG/SOG members with research

c. Increase use of Blastcast for SIG members. The Blastcast presentation was helpful. Jess Sabo, Executive Assistant for SOG encourages the increase use of Blastcast for SIG members

d. Explore what other Geriatric SIGs, Sections and States are doing in the Health Promotion and Wellness area

2. HPW SIG Bylaws update. Ms Priscilla Raasch-Mason and Dr Linda Eargle will be reviewing and updating the HPW SIG Bylaws.

3. Geriatric Board: establish a network to access information, research and physical therapy issues, such as diagnosis specific information and any aspect with HPW issues. A website with evidence and current research and resources was suggested. Topics of interest: “older adults with diabetes and/or CVAs”, “Health Promotion and Wellness in all Areas”. Resource links to be published in Geriatrics and HPW website and/or websites like Wikipedia.

Business meeting was adjourned at 8:00 a.m. Members were reminded to attend the next CSM Business Meeting in Las Vegas, Nevada.