

Carleen Lindsey, PT, MScAH, GCS

Ms. Lindsey is a board-certified Geriatric Specialist with degrees in Physical Education and Physical Therapy from the University of California, and an advanced musculoskeletal Master's in Allied Health from the University of Connecticut. She treats an outpatient caseload composed of musculoskeletal patients of all types and a large number of osteoporosis, balance, and women's health patients at Physical Therapy and Massage of CT and also Gold's Gym in Bristol, CT. She is also an adjunct instructor in the Physical Therapy programs at the University of Connecticut and Quinnipiac University.

She has participated in research and publications on osteoporosis and balance issues in the elderly, authored an instructional video on flexible curve kypholordosis documentation, produced three patient home exercise videos, and presented numerous lectures and courses to professional and lay audiences locally and nationally over the past 20 years. She was the primary developer of the UCHC Rehab Services Osteoporosis Prevention Program.

In addition to her clinical work, Carleen has been co-chair for the National Osteoporosis Foundation's Committee on Continuing Education for Physical Therapists, and for the APTA Geriatrics Section Balance and Falls Special Interest Group. She is a member of the APTA Connecticut chapter, Women's Health, Geriatric, Orthopaedic, and Private Practice sections as well as the Balance and Falls and Osteoporosis Special Interest Groups for which she is currently vice-chair. She was the 1999 winner of the APTA Section on Geriatrics Lynn Phillippi Advocacy for Older Adults Award, and received the U Conn Allied Health Research Award for Excellence in 2001.