

How it Works

Each monograph will be 16 to 28 pages in length and will require 4 to 6 hours to complete. Course registrants receive one monograph per month, beginning in March 2006. With the last monograph mailed in August 2006, there is a final exam, answer sheet, and registration form for continuing education units. The exam will consist of 24 multiple-choice questions, based on the material in the monographs. Registrants have 4 weeks to complete the exam and return the forms. The Section will award a certificate of completion for 30 contact hours to those who score 70% or higher on the exam.

Educational Credit

30 contact hours. Completion of the series and satisfactory performance on the post-test will give the subscriber 30 contact hours of continuing education. Only the registrant named will obtain contact hours. No exceptions will be made. Registrants must apply to their State Licensure Boards for approval of continuing education credit.

Current Courses Available*

- Topics in Geriatrics 2005 (topics include: therapeutic exercise, chronic obstructive pulmonary disease, post-polio syndrome, aquatic exercise, physical and chemical restraints, and ethics)
- Topics in Geriatrics 2004 (topics include: issues in home care, Alzheimer disease, and diabetes)
- Focus on Physical Therapist Assistants in Geriatrics (topics include: wound care and acute care)
- Cultural Diversity of Older Americans
- Topics in Geriatrics 2002 (topics include: nutrition, long-term care, incontinence, stroke, and biological aging theories)

*Please call 877/766-3452 for registration fees.

Section on Geriatrics Home Study Course

2920 East Avenue South, Suite 200
La Crosse, WI 54601

Non-Profit Org.
U.S. Postage
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Permit No. 25
LaCrosse, WI

FOCUS: Geriatric Physical Therapy 2006

*An Independent Home Study
Course for Individual
Continuing Education*



March–August 2006

Course available through December 2011

**APTA**
American Physical Therapy Association
The Science of Healing. The Art of Caring.


SECTION ON GERIATRICS

Course Description

The Section on Geriatrics is pleased to present this update to the highly popular *FOCUS: Geriatric Physical Therapy* continuing education course. Last presented as an onsite preconference course in 2003, this current monograph series was written by board certified specialists in geriatric physical therapy. The purpose of *FOCUS* has always been to cover the breadth of geriatric physical therapist specialty practice in such a way that the course participant can better self-assess gaps in knowledge areas, whether to prepare for specialization or for their own personal development. Course materials include classic and current literature so participants can dig deeper, relevant case studies that show how a specialist might approach clinical problems, and practice test questions.

Learning Objectives

Course participants will be able to:

1. Differentiate between age-related changes and common problems in the musculoskeletal, neuromuscular, pulmonary, cardiovascular, and integumentary systems.
2. Apply the patient/client management model and best available evidence to older adults with impairments, functional limitations, and/or disability to establish optimum care.
3. Identify wellness and health promotion opportunities across systems.
4. Use constructs of reliability and validity of a measurement in making decisions about the “best” tools for use.
5. Combine the use of sensitivity, specificity, and likelihood ratios for common examination tools with decision-making for frail elders.
6. Use the literature to identify the threshold for symptom clusters that warrant referral to other health care professionals.

Topics and Authors

Musculoskeletal System: Age-related Changes and Common Problems—*Jill Heitzman, PT, DPT, GCS, CWS*

Neuromuscular System Lesions and the Older Adult—*Deb Kegelmeyer, DPT, MS, GCS*

Pulmonary System: Age-related Changes and Common Problems—*Rubye Walker, PT, MS, GCS*

Integumentary System: Age-related Changes and Common Problems—*Renee Cordrey, PT, PhD(c), MSPT, MPH, CWS and Alan Chong W. Lee, PT, DPT, GCS*

Cardiovascular System: Age-related Changes and Common Problems—*Ellen Strunk, PT, MS, GCS*

Examination and Management of the Older Adult With Complex Multisystem Involvement: Emphasis on Clinical Decision Making—*Kathleen Kline Mangione, PT, PhD, GCS; Amy Heritage Miller, PT, DPT; and James D. Tomlinson, PT, MS*

Editor

Mary Thompson, PT, PhD, GCS

Additional Questions

Phone toll free 877/766-3452

Fax 608/788-3965

Section on Geriatrics, APTA, 2920 East Avenue South, Suite 200, La Crosse, WI 54601

Registration Fees

Section on Geriatrics Member	\$200
APTA Member	\$300
Non-APTA Member	\$400

WI residents add applicable state sales tax.

If notification of cancellation is received in writing prior to the course, the registration fee will be refunded, less a 20% administrative fee. Absolutely no refunds will be given after the start of the course.

FOCUS: Geriatric Physical Therapy 2006

Name _____ Credentials (circle one) PT, PTA, other _____

Mailing Address _____

City _____ State _____ Zip _____

Daytime Telephone Number (____) _____ APTA # _____

E-mail Address _____

For clarity, enclose a business card.

Please make checks payable to: Section on Geriatrics, APTA
Please registration and credit card number to: (608) 788-3965

- Please check:
- Section on Geriatrics Member
 - APTA member
 - Non-APTA member

Expiration Date _____ Amount _____

I wish to join the Section on Geriatrics and take advantage of the membership rate. (Note: must already be a member of APTA.)

- I wish to become a PTA Member (\$35)
- I wish to become a PT member (\$45)

(Wisconsin residents add applicable sales tax)

Signature _____

Mail check and registration to: Section on Geriatrics, APTA, 2920 East Avenue South, Suite 200, La Crosse, WI 54601 Toll Free 877-766-3452