

Section on Geriatrics, APTA
Draft Minutes: 2008 Member's Meeting

Note: these minutes will be finalized and approved at the CSM 2009 Member's Meeting.
Friday, February 8, 2008
Nashville, TN

Meeting called to order at 6:15 pm by President John Barr.

Motion to approve minutes from member's meeting February 16, 2007
Michelle Lusardi/ Mark Besch Motion Passed

Introduction of Board Members and Committee Chairs. Other guests present: APTA staff- Julia Rice; PTA Caucus Liaison, Christopher Bilbrey; PTA Student Assembly Liaison, Valerie Williams

Recognition of Newly Certified Clinical Specialists and Re-Certified Specialists: those present stood and received applause.

Sincere thanks to the sponsors of this meeting:

- 1- AEGIS Therapies, booth #548, www.aegistherapies.com. AEGIS is also sponsor of the Section's Awards Ceremony.
- 2- SunDance Rehabilitation, booth #515, www.sundancerehab.com.

Announcements

- 1- Foundation for Physical Therapy- President Barr announced that the Foundation will be funding a research proposal related to geriatrics. An RFP will be going out this spring. Area of focus will be methods to facilitate the transition of research to clinical practice.
- 2- 2008 matching campaign, Foundation for PT - Bill Staples, Treasurer announced progress toward our fund raising goal of 50K for our Geriatric Fund at the Foundation. We raised almost \$5K and the section matched this amount. The Section Board voted in December 2007 to extend the matching program through Annual Conference 2008. Until that time, all donations to the fund will be matched by the Section (up to \$50,000), and all members are encouraged to help us meet our goal! Every contribution of any size is helpful. Our long-term goal is to build the fund until it is large enough to supply at least one \$40,000 research grant each year.
- 3- Special Donation to the Foundation for PT - President Barr announced that Dr. Marilyn Moffat has donated \$100K to the PT Foundation in the name of the Section on Geriatrics. The donation will be given in increments and monies will go into a restricted fund, along with any other individual contributions, which will accrue interest and eventually make the Fund self-supporting. Name of the fund will be "The Marilyn Moffat Endowment Fund for Geriatric Research". Dr. Moffat stated, "I hope to set an example to those of us who have gotten a lot out of the profession. I hope everyone will contribute to this fund."
- 4- To further clarify, and in relation to announcements #2 & 3 above, President Barr noted that The Marilyn Moffat Fund for Geriatric Research will become

our restricted fund at the Foundation dedicated to geriatric research (with the restricted portion of the Geriatric Fund being rolled into this fund); the Section on Geriatrics Fund will then become our unrestricted fund. Donations to either fund will be matched (up to \$50,000) through Annual Conference 2008.

- 5- The Choices for Better Bone Health Program: Kathy Brewer informed members that this program is about Osteoporosis and is designed to increase awareness of bone health to consumers. This program will be available thru our website as a PDF file. It will be downloadable. Kathy encouraged members to utilize program with students and consumers.
- 6- APTA request to provide disaster relief to recent tornado victims. Members can read more at www.apta.org by performing a word search for “tornado.”
- 7- *GeriNotes* and our Fiscal Management Program were recognized by APTA and received Component Awards.
- 8- Greg Hartley- Recognized the new APTA-credentialed geriatric clinical residency program at University of Delaware under the Direction of Cathy Ciolek, PT, DPT, GCS.
- 9- Upcoming elections: in the fall of 2008, members will elect a President, Vice-President, Director, and Nominating Committee Member. Anyone interested in running may visit www.geriatricspt.org and click “Volunteer for the Section” (under Members), to read job descriptions, OR may contact 2008 Nominating Committee Chair Judy Canfield, PT, EdD, at jphenry@earthlink.net. All members are encouraged to vote in elections: candidates have pledged to volunteer their time and talent; members can demonstrate their commitment and appreciation by voting.

Volunteer Vacancies Listing- Chuck Gulas, 2007 Nominating Committee Chair, encouraged volunteers or recommendations for the following positions:

Cultural Diversity Chair

Awards Chair

Web Committee Members

Finance Committee Member

Program Committee Chair

Job descriptions can be found at www.geriatricspt.org.

Special Interest Group (SIG) Updates

- Section members may join a SIG by e-mailing geriatrics@apta.org, or calling 800/999-2782 x8174, and providing their full name and the SIG(s) they wish to join (Balance and Falls, Osteoporosis, or Health Promotion and Wellness).
- SIG chairs requested volunteers for the respective SIGs. SIG Chairs can be contacted via e-mail at www.geriatricspt.org, by clicking “Committees.”
- From the Osteoporosis SIG: The instructional video, “Kypholordosis Using a Flexible Curve,” has been completed, and is on sale (at a significant discount to Section members) at www.geriatricspt.org.

- The Balance & Falls SIG plans to do e-mail blast to SIG members of abstracts or article monthly. Also plan to develop practice specific information on starting fall prevention programs in different practice settings.

Exercise Task Force Presentation: Concerning the promotion of PTs as exercise experts, Dr. Carol Lewis provided an overview of the accomplishments of the Exercise Task Forces and discussed the need to find people who are already working with other organizations to promote PTs as exercise experts. She asked people to sign up if they're interested in working with other organizations, or if they are already involved. She can be contacted at clewisphd@aol.com.

Dr. Moffatt recognized the exercise task force and thanked Dale Avers, Marybeth Brown, Anne Coffman, Karen Kemmis, Carole Lewis, Phil Page, Michelle Lusardi, Katie Mangione, Mark Richards, Anthony Walker, Steve Wolf, and Rita Wong, for their help. She stated that plans are underway for developing a certificate program on exercise and aging adults. Plans include 3 courses with an exam after each, plus a final overall exam for those who want the certificate. March 2009 is the target date for the first courses to be offered. Volunteers are needed to help with the course development. Dr. Moffat's e-mail address is mm8@nyu.edu.

The Task Force's regional course on exercise will be offered twice in 2008: in Kansas City, KS in April and Portland, OR in September.

Board Reports

Advanced Clinical Proficiency for PTAs- Jill Heitzman

APTA's current Advanced Proficiency for PTA covers only the four preferred practice patterns. One year ago, a proposal was submitted to the APTA to add Geriatrics. We also submitted a template on how that would look. The proposal was denied in the Fall due to our being the only section requesting an additional category. The SoG Board will write a letter urging the APTA Board to add this to their strategic plan and we are working to get other sections to sign on with us.

Action Item 6- John Barr, President

Approach the Section on Education AASIG leadership about designing programming addressing minority student recruitment and retention in academic programs to better serve the anticipated diverse senior population. (Members Mtg 2/25/05)

Report:No significant progress with this charge yet.

Action Item 8- Anne Coffman, Vice President

Investigate development of a regional continuing education course and certification in geriatric exercise for strength and conditioning (Members Mtg 6/10/05)

Report:The Task Force on Exercise has created a continuing education program that was offered once in 2007 and is scheduled twice in 2008, as well as being offered as a pre-conference course this year at CSM. They are also working to create a process to provide an exercise expert for aging adults certification program. We will continue to update the membership as the plans for the certification program progress.

Action item # 15- Kathy Brewer, Outgoing Delegate

That the SoG Board investigate an APTA bylaw amendment that creates a membership category that recognizes and rewards long-term membership. (Members Mtg. 2/3/06)

Report: Kathy informed the members that a retired membership category exists at a discounted rate for those meeting criteria including retired from practice. This provides continued contact with the association, reduced rates for products and program registrations and some member benefits. Members are referred to APTA website for details. Changes to this would require an APTA bylaw amendment which would occur next in 2010. However, there does not seem to be support from other delegates or APTA to address this issue further.

Action item # 22- Kathy Brewer, Outgoing Delegate

That the SOG provide PTA education programs with information on SOG membership benefits. (Members Mtg. 6/23/06)

Report: The Section on Geriatrics wishes to ensure inclusion of PTA's in the section as demonstrated by offering appropriate resources, education and opportunities to serve on section committees, etc. Included in these efforts is a strategy to communicate through PTA programs. An email was recently sent to all PTA programs and all PTA programs who participated in the Home Study Give-Away or the Consumer brochure contest were sent membership information.

Action item # 23- Kathy Brewer, Outgoing Delegate

Charge the board to investigate feasibility and process to form a PTA SIG. (Members Mtg. 6/23/06)

Report: Jean Reynolds is our recently appointed PTA liaison for the Section. She will be addressing the need for a PTA SIG. Our goal is to be responsive to the voice of PTA members and provide a structure that will allow greater participation for PTA's in the section, being careful however not to isolate them which could be an adverse outcome of a SIG. Jean may decide just to organize projects for her committee and contact all Section members, especially the PTAs, to get them involved.

Action Item 24- Rubye Kendrick, Secretary

That we investigate, through our state liaisons, the possibilities for networking with our senior members. (Members Mtg. 6/23/06)

Rubye reported that the role of the state liaisons (now State Advocates) has changed therefore their ability to be the networking conduit for our senior members may be difficult. Conversation is occurring with the Prime Timers as to the feasibility of this group serving in this capacity.

30th Anniversary for the Section on Geriatrics this year- John Barr gave a brief overview of the history of the Section. The number of clinical specialists in geriatrics has grown from 14 in 1992 to 845 currently, but this represents only 11% of all Board Certified Clinical Specialists. He challenged the membership to not rest on our laurels but consider the future and also encouraged members to facilitate student involvement in the section. More information on becoming a Geriatric Certified Specialist can be found at www.apta.org, under "Professional Development."

PT-PAC Presentation- Drew Bossen, PT-PAC Representative thanked Marilyn Moffat for her contribution to the Foundation as a wonderful example of generous giving and encouraged others to consider following her example in relation to the PAC. Members were provided an opportunity to donate to the PAC. We are the largest non-physician PAC in the nation.

Regional Course Update- Missy Criss, Regional Course Chair reported that we have divided the country into 4 regions last year and each region now has a course leader. The plan is to rotate course offerings through the regions. Details on all courses can be found at www.geriaticsppt.org. Leaders and courses for 2008 are:

- East- Bruce E. Wassung, PTA Best Practice Forum on carrying for the Aging Adult with Amputation
Central East- Danille Parker, PT- Manual Physical Therapy for the Geriatric Client
Central West- Vickie Gines, PT
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- West- Mike Studer, PT, NCS-

Consumer Brochure Winners and Student Drawing Winners- Leon Bradway, Membership Chair, announced the winners:

Consumer Brochures-

Polypharmacy, University of Miami
Family Caregiving, University of Evansville
Total Knee Replacement, Central Michigan
Your Body's Response to Aging, LSU, New Orleans
Fighting Osteoporosis, University of Rhode Island

Each student will receive 1 year free membership to the SOG

Student Drawing Winners-

Kelly Cope
Carly Cherry
Michael Heitzman

Round Table Discussions were tabled due to time constraints

Recognition of Outgoing Officers

Outgoing volunteers were thanked and recognized for the time and talent they have given to the Section.

Board of Directors:

Kathy Brewer, Delegate
Greg Hartley, Director

Committee Chairs:

Chuck Gulas, Nominating Committee Chair; Pat Wilder, Awards Committee Chair, Jane Okubu, Cultural Diversity Chair; Marilyn Moffat, Exercise Task Force Chair; Sandra Levi, Research Chair

Committee Members:

Kate Brewer, Finance Committee; Dale Avers, Judy Canfield, Carol Davis Rita Wong, and Marilyn Miller, Clinical Residency Task Force; ; Larry Nosse, PT, Awards Committee Member; Holly Clynch, PT, MA, GCS Section on Geriatrics Advocate to Minnesota; Alicia Ruth Souvignier, PT, MPT, GCS, Section on Geriatrics Advocate to New Mexico; Charity Johansson, PT, PhD, GCS, Section on Geriatrics Advocate to North Carolina

Election Results (fall 2007 elections- candidates take office at the end of this Member's Meeting):

Delegate, Cathy Ciolek
Nominating Committee, Carol Schunk
Secretary, Rubye Kendrick
Director, Greg Hartley

New officers were installed.

Motion to adjourn for awards ceremony at 7:35pm Missy Criss/Bill Staples

Ruby Kendrick, Secretary