

HEALTH PROMOTION AND WELLNESS SPECIAL INTEREST GROUP

Section on Geriatrics

Annual Business Meeting

CSM 2007, Boston, MA

7:00 AM -8:00 AM Feb. 02.17.07

- I. Welcome and Introduction (Priscilla Raasch-Mason, HPW Chair)
 - Introduction of Officers, Members & Guests
- II. Approval of Minutes from CSM 2006-San Diego, CA (02.04.06)
- III. Officers Report
 - A. Chair
 1. Wellness Definition by the HPW SIG will not be allowed because the APTA has a wellness definition. There can not be several definitions of wellness by the same organization. The ATPA's Board definition supersedes the HPW SIG of the SOG.
APTA Definition of Wellness: A multidimensional state of being describing the existence of positive health in an individual as exemplified by quality of life and sense of well being.
(Adopted by the Board of Directors in 2005)
 2. The SOG Board voted to take the HPW definition to the HOD. Greg Hartley and Kathy Brewer will be working on this process.
 3. Thanks to Lori Schrod, Linda Eargle, WCU students, Kathy Brewer and SIG officers for the PowerPoint presentation and brochure that members may use.
 4. Appointment of Vice Chair to complete a 1 year term: Jennifer Fabre
- IV. Business
 - A. Call for Nominations. Positions open: Chair and Nominating Committee
 - B. Elections: Geriatric Section members only. (Linda Eargel, Nominating Committee Chair)
 - Chair: Priscilla Raasch-Mason (Term expires Feb. 2009)
 - Nominating Committee: David Morris and Lori Schrod (Terms expires 2009)
 - C. CSM Programming 2008-Nashville. Refer to current program
 - D. New Business
 1. Goals for 2007-2008
 - a. SIG has been charged by the SOG Board to develop CONSUMER FACT SHEETS that consumers or PT/PTAs may download for clients. HP & W, how PTs positively impacts consumers with chronic disease or new disease. Discussion: HPW members felt that every hospital, outpatient center, multiple web sites, and APTA had several fact sheets about PT and old adults in specific areas. Would we be repeating information that is out there?
 - b. Establish the following committees
 - * Practice: Health Promotion and Wellness: Not Met, need a volunteer
 - * Public Relations Committee: Items in GeriNotes, SOG Journal, keep SIG/SOG members informed of HPW events nationally, state or locally. What do our members or what can our members participate in, sharing of ideas.: Not Met, need a volunteer
 - * Education and Research: Keep members up to date on new articles, ideas, assist other SIG/SOG members with research
 - c. Increase use of Blastcast for SIG members (Jess Sabo, Executive Assistant for SOG)
 - d. Explore what other Geriatric SIGs, Sections, and States are doing in the Health Promotion and Wellness area.
 2. SIG members ideas or discussion on direction of HPW SIG.

Program suggestions: Nuts & Bolts of establishing a wellness practice or program, Reimbursements for wellness practice, codes, Are we showing value? Nutrition Basics for PTs, Behavior Modification/Motivation