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Geriatric Fund Update

In 1995, the Section on Geriatrics started a Geriatric Fund in the APTA Foundation, to support research related to aging adults. ALL donations to the APTA Foundation (split raffle, car raffle, bequeath, etc.) can be allocated to the Geriatric Fund if you choose! Simply instruct the person taking your payment information, or write "Geriatric Fund" in the memo portion of your check. The Section on Geriatrics will match all 2007 donations to the Geriatric Fund up to \$50,000. We sincerely appreciate your support of Gerontology Research!

To donate: www.apta.org/foundation

2007 Section on Geriatrics Regional Courses

Don't miss these excellent opportunities for continuing education!

April 14-15, 2007: Manual Physical Therapy for the Geriatric Patient

Contact Hours: 13.25

Presenter: Carleen Lindsey, PT, MSc, GCS

Dates: April 14-15, 2007 (8am-5pm and 8am-3pm)

Location: University of Colorado Health Sciences Center, Denver, CO

More Info & Registration Form: <http://www.geriatricspt.org/members/meetings.cfm>

September 29 & 30, 2007: Exercise and Manual Interventions for Osteoporosis and Postural Change

Contact Hours: 15

Presenter: Carleen Lindsey, PT, MSc, GCS

Dates: September 29 & 30, 2007 (8am – 5pm each day)

Location: Mary Greeley Medical Center, Ames, IA

More Info & Registration Form: <http://www.geriatricspt.org/members/meetings.cfm>

National Council on Aging is Seeking Creative and Best Practices

We are requesting your assistance in widely disseminating this opportunity to participate in a national call for Creative and Best Practices in Home Safety Assessment and Modification to reduce fall risk. The National Council on Aging, in collaboration with the

Falls Free Coalition, is seeking to identify and promote 10 Creative and Best Practices in Home Safety Assessment and Modification that serve to address fall risks that are linked to a more comprehensive fall prevention intervention. Specifically, they are looking to promote programs or services that make a difference in the lives of older adults. In addition to national prominence, selected programs will receive a cash award and certificate. The self-nomination process is simple using an easy to complete survey tool available on the Web through the month of January at <http://www.surveymonkey.com/s.asp?u=478512814179>. Any questions can be e-mailed to fallsfree@ncoa.org.

Featured Section Membership Benefits

Have you visited the “News” page of our website recently? We’re constantly posting updates related to the aging adult- visit www.geriaticspt.org and click “News.”

Studying for the GCS Exam? Our Section organized members who have taken the exam to create a list of “preparation suggestions,” as a public service. It is available to everyone on our website: from www.geriaticspt.org, click “Clinicians,” “Geriatric Certified Specialists,” and “Preparing for the GCS Exam.”

Want consumers to find you? Sign up for APTA’s “Find a PT” database! Signing up is free for APTA members: if you are a practicing PT we strongly encourage you to sign up today. We want all PTs with a practice focus in geriatrics to sign up, so that when older adults search for a PT, they aren’t discouraged by poor search results. Please sign up today at www.apta.org/findapt.

Recent Research in Gerontology

The titles of the following articles should link to the abstracts. If this is not working for you, please visit www.apta.org, click on “Research,” on the left, then click on “Current Research in Physical Therapy.”

Acta Neurol Scand. 2007 Jan;115(1):55-9.

Effects of amphetamine and/or l-dopa and physiotherapy after stroke - a blinded randomized study.

Sonde L, Lokk J.

Age Aging. 2006 Dec 18; [Epub ahead of print]

Prognosis assessment in stroke patients at discharge from hospital.

Olai L, Omne-Ponten M, Borgquist L, Svardsudd K.

Clin Rehabil. 2007 (Jan); 21(1):17-27. [FULL TEXT]

Repetitive locomotor training and physiotherapy improve walking and basic activities of daily living after stroke: a single-blind, randomized multicentre trial (DEutsche GAngtrainerStudie, DEGAS).

Pohl M, Werner C, Holzgraefe M, Kroczeck G, Mehrholz J, et al.

Diabetes Care. 2007 Jan;30(1):43-8.

Impact of a managed-Medicare physical activity benefit on health care utilization and costs in older adults with diabetes.

Nguyen HQ, Ackermann RT, Berke EM, Cheadle A, Williams B, et al.

Disabil Rehabil. 2006 Dec 15;28(23):1435-43.

Inter-limb coordination in bimanual reach-to-grasp following stroke.

Kilbreath SL, Crosbie J, Canning CG, Lee MJ.

Phys Ther. 2007 Jan;87(1):66-73. Epub 2006 Dec 19. [FULL TEXT]

Task switching after stroke.

Pohl PS, McDowd JM, Filion D, Richards LG, Stiers W, et al.

Phys Ther. 2007 Jan;87(1):88-97. Epub 2006 Dec 19. [FULL TEXT]

Paretic upper-limb strength best explains arm activity in people with stroke.

Harris JE, Eng JJ.

Stroke. 2007 Jan 4; [Epub ahead of print]

Effects of locomotion training with assistance of a robot-driven gait orthosis in hemiparetic patients after stroke. A randomized controlled pilot study.

Husemann B, Muller F, Krewer C, Heller S, Koenig E.

Eur Spine J. 2007 Jan 3; [Epub ahead of print]

Paraspinal muscle control in people with osteoporotic vertebral fracture.

Briggs AM, Greig AM, Bennell KL, Hodges PW.

Thank you for your membership in the Section on Geriatrics!