

Section on Geriatrics
Bone Health Special Interest Group Annual Business Meeting
San Diego, CA
February 18, 2010
Meeting Minutes

- I. Welcome and Introductions (Nancy Abodeely, BHSIG Chair)
- II. Approval of Minutes—February 11, 2009 Business Meeting
Tim Kauffman motioned to approve minutes, seconded by Sherri Betz
Motion accepted, 2009 minutes approved.
- III. Reports/Old Business
 - A. Chair Report
 1. Organization
 - a. Name Change
The name Osteoporosis SIG was officially changed to “Bone Health SIG” last year. The group feels this name change will facilitate new ideas and new areas of practice.
 - b. Standing Rules
 1. SOG has proposed election changes, with electronic elections to be held annually, with the ballot and candidate information distributed via email or mail sixty days prior to the CSM member meeting.
 2. Three year terms of office are also proposed, All SIG offices and positions would be held for 3 years. This will make the SIG’s terms of office consistent with those of the SOG. We have been asked not to specify the staggering of offices in the rules change as originally proposed, so will defer on this.
 3. There is a need to incorporate new language into the standing rules to better reflect new our mission and name (bone health vs. osteoporosis). Changes in language will be proposed for consideration by members for approval this year.
 2. CSM program planning
Members were disappointed that no formal bone health programming was selected for CSM 2010, especially since last year’s program by Drs. Fuchs and Warden was so well-attended and received. A proposal for vertebral compression fractures utilizing a panel of BHSIG members, including Nancy Abodeely, Kathy Shipp, Carleen Lindsey, Sara Meeks, and Wendy Katzman, was proposed but not accepted. Feedback from the program committee indicated that the panel included too many individuals and the content was too basic. Discussion followed regarding the potential for revising and resubmitting the proposal for CSM 2011. Marcia Tassinari suggested focusing on “preserving spine integrity” as a way to appeal to a wider audience. Sara Meeks indicated that she would like to see a panel on “To Bend or Not to Bend,” and Kathy Shipp responded that she thought the topic would need to focus more broadly on vertebral fracture

3. Communication and outreach
 - a. Articles on bone health and osteoporosis published in GeriNotes: there were articles published in nearly every issue in 2009-10.
 - b. Web enhancements: work is being done to include more content on the website. Outdated material has been removed.
 - c. Blast casts: The SIG has begun sending electronic newsletters to members of the SIG. Previous newsletters have included information CSM, elections, and abstracts of recently published articles pertaining to bone health.

4. Participation in Professional Meetings and Conferences
 - a. The 8th International Symposium on Osteoporosis: Translating Research into Clinical Practice.
Karen Kemmis, Kathy Shipp, and Carleen Lindsey presented. Fourteen PT's, many of us section members, were present.
 - b. UCSF 6th Annual Osteoporosis Symposium: New Insights in Research, Diagnosis, and Clinical Care.
Wendy Katzman presented on Physical Activity and Osteoporosis.
 - c. The Global Bone and Joint Decade Network Conference.
Tim Kauffman reported on his role representing APTA, SOG, and the BHSIG. Tim represented the BHSIG and SOG at this "kickoff" for the next decade. His full report was published in the latest issue of Geri Notes. The executive summary and educational materials were passed around for review by the members. A primary task of the conference was determining the most important issue in osteoporosis worldwide, with the consensus being preventing the second fracture. Tim was able to speak with the executive director regarding the forward flexed skeleton in the logo for the Bone and Joint Decade. While the director understands the concerns, he explained that the picture is intended to represent a "healthy spine" as the Decade also deals with low back pain, pediatric spine diagnoses, osteoarthritis, etc.
 - d. ASBMR. Wendy Katzman attended and did a poster presentation.

5. Consumer Education
 - a. Stand Tall video: Sherri Betz and Wendy Katzman produced a video of exercises based on Wendy's research. It was donated to the Section and is available for sale on the Section website. Wendy has published two articles describing the effects of this program, including its success in reducing kyphotic angle. John Barr reported that work is being done to include better description of the video, as well as references to the publications, on the SOG store site.
 - b. Bone Health and Fracture Prevention for Older Adults.
Sherri Betz reported on the consumer piece she and Nancy are completing. Sherri also reported that American Bone Health shift to bone health. Sherri has been working with the consumer arm of American Bone Health on a consumer piece that will be placed in physician offices to provide to individuals diagnosed with osteoporosis. ABH would also like to partner with the SOG to develop a safe exercise program for fitness instructors .

B. Education Committee

Melissa Peterson reporting: The primary goals of the Education Committee for 2010:

1. Regular publication of electronic newsletters—these newsletters will include 1-2 abstracts of recently published bone health research, as well as announcements regarding conferences and continuing education programs, and any other information relevant to the members.
2. Educational programming
Programming for CSM 2011 is another project of the Education committee.

C. Practice Committee

Nancy Abodeely reporting: Committee plans to develop a Pocket Guide of Clinical Resources on Bone Health, similar to the Guide on Balance and Falls.

D. Nominating Committee

Cindy Gibson-Horn reporting: The nominating committee developed an election slate for Vice-Chair and Nominating Committee member. They will be working on recruiting new members for the SIG as well as candidates for upcoming office vacancies.

IV. New Business

A. Vote on Standing Rule amendments.

1. Electronic elections and 3 year terms. Proposed amendment read by Nancy Abodeely. Tim Kauffman moved to accept new standing rules. Joan Norman seconded the motion. Motion accepted unanimously.

B. Election of new officers : Cindy Gibson-Horn, Chair of Nominating Committee

1. Vice Chair: Sherri Betz, PT(term ending 2013)
2. Nominating Committee member: Kathy Shipp, PT, MHS, PhD (term ending 2013)

No nominations from the floor. Nancey Bookstein moved to vote by acclamation, Tim Kauffman seconded the motion.

C. Collaborations and Partnerships

1. Several groups have current interest in working with the BHSIG and the SOG, including the Bone and Joint Decade, NOF, FORE/American Bone Health, and the American Council on Aging. .BHSIG members have current relationships with some of these groups. No specific plans to report at this time.

D. Developing Professional and consumer resources

1. Pocket Guide for Clinicians : Susan Smith
 - a. The Practice Committee has begun planning a Pocket Guide for Bone Health. This will be modeled after the Balance and Falls Guide available on the APTA website. It will include items such as risk factors, assessment and intervention, and current evidence. The Committee is looking for volunteers to contribute. Discussion followed regarding whether APTA was aware of these plans (John Barr). Nancy Abodeely reported that the SIG had been contacted by Move Forward /Practice members suggesting the guide.

2. Safe Exercise Practitioners Map :Sherri Betz

Sherri has posted a Google map with links for contact information for physical therapists that have specific training in safe exercise for osteoporosis. She is in the processing of obtaining names of qualified individuals from Sara Meeks, Carole Lewis, and Kathy Shipp. This map is available at: <http://tinyurl.com/yzds8oh>

E. CSM 2011 Programming

1. Nancy Abodeely indicated programming on compression fractures will be pursued as a topic of interest. Andrew Briggs and Kim Bennell of Melbourne, Australia were mentioned as prospects for programming , either during CSM or as a pre-conference course. This endeavor may require joint sponsorship, perhaps from Private Practice or Orthopedics. Kathy Shipp inquired as to the policies for the Geriatrics section regarding compensation for speakers, including expenses. Wendy Katzman and Tim Kauffman were also suggested as potential speakers. Nancy Abodeely and Melissa Peterson will be attending the SOG program committee meeting on 2/19, and will make inquires regarding SOG speaker policies.

V. Motion to Adjourn.

Submitted by Melissa Peterson, Secretary